



North Coast Academy of Sport
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2016-17 NCAS Golf Program



Dear Athlete,

Thank you for your interest in the 2016-17 NCAS Golf Program. The North Coast Academy of Sport (NCAS) Golf Program is one of eleven Regional Academies of Sport in New South Wales that provide a program for emerging elite junior golfers' across NSW. The NCAS golf program is proudly supported by Jack Newton Junior Golf (JNJG) and the Bonville Golf Resort.

About the Academy

Established in 1989, the North Coast Academy of Sport aims to assist young athletes from the region to achieve sporting excellence. The Academy is a non-profit organisation covering a NSW coastal region from Laurieton to Tweed Heads. NCAS works closely with the relevant state and regional sporting associations.

Program Overview

The NCAS Golf Program has the specific objective of identifying talented junior golfers and providing them with a level of coaching and ancillary athlete education that will assist them in taking the next step in the sport of golf. The program is designed to expose golfers to skills assessment and development designed by JNJG, new challenges and opportunities, and to complement any lessons / training you are receiving or have received.

Athletes will receive a sports education component with NCAS's Regional Athlete & Coach Education Program. The RACE Program will deliver modules in the following areas: Sports Psychology, Sports Physiology, Sports Nutrition, Drugs in Sport, and Core Strength & Conditioning. This program is delivered over an entire weekend, 26th-27th November 2016 in Coffs Harbour.

The golf program is expected to run from November 2016 until May/June 2017 with an approx. athlete fee of \$300, dependant on numbers.

The NCAS Golf Program Curriculum will be delivered by the Bonville Golf Resort's PGA Professional, Richie Gallichan. As well as being the head Teaching Professional at Bonville, Richie is a current Australasian PGA Tour player and has previously played on the Asian Tour, as well as European and Web.com Tour events. As an amateur Richie was a member of the NSW and Australian Institute of Sport, and brings tournament experience and a modern approach to coaching. All athletes will be coached using Trackman and video technology. The program will be Camps based with a minimum of 30 coaching contact hours. It is envisaged that 4 Camps will be conducted over the course of the program at Bonville Golf Resort, and complimented by tournament tours.

Eligibility to apply

To be eligible for selection, applicants must meet the following criteria:

1. Must be a current registered member of a NSW Golf Club in the North Coast catchment area.
2. Must be turning 13-17yrs in 2016
3. Handicap of: preferably 12 and under for Boys / preferably 18 and under for girls, although all applicants will be considered on merit and potential.
4. Representing at school or club level as a minimum. Preferably at a district level.
5. Must have a willingness to undertake a structured development program and abide by NCAS policies.
6. Preferably have golf as their primary sport played.
7. Complete and submit an application form by the due date

Application Process and Trial Day

The selection process will follow the following steps:

1. Prospective athletes complete and submit a trial application form by **Friday 4th November 2016.**
2. The Head Coach will select the squad based on information provided and may offer the Trialist/s a 'Trial Day' if required.

Selection Committee

The Selection Committee will consist of:

- The NCAS Head Coach
- A representative from Jack Newton Junior Golf
- NCAS Executive Member.

Selection of athletes is based on development potential which includes factors such as age, performance history, attitude, coachability & not necessarily based purely on handicap.

For those athletes that are selected, you will receive a detailed offer to join the program which will include details on program dates, cost to athletes (The program is financially supported by the JNIG, however there will be an athlete levy to cover expenses determined from the program budget), uniform, insurance cover and NCAS athlete policies. It is envisaged that the athlete program levy will be in the vicinity of \$300.00. This fee covers camp costs and may not necessarily cover all tour expenses; therefore attendance at some events may incur further charges.

One Final Thought "Nothing Ventured, Nothing Gained"

NCAS and JNIG are very excited and committed to this exciting program, especially in regional areas such as the North Coast NSW.

On behalf of JNIG and the NCAS, I extend my thanks to the athletes and their families who apply for a position in the program in the hope of gaining a new and rewarding experience.

Thank You and Best Wishes



John Kincade
Executive Director



North Coast Academy of Sport ATHLETE APPLICATION FORM

Golf Program 2016-17

All applications to be submitted to:
2016-17 Golf Program Application Form
 North Coast Academy of Sport
 PO Box 157, LISMORE NSW 2480
 Phone: (02) 6620 3073, Fax: (02) 6620 3707
 Email: programs@ncas.org.au
 Web: www.ncas.org.au

Insert photo here
 The photo needs to be a 'head and shoulders' shot.

Instructions to Golf athletes wishing to trial:

1. Complete all sections
 2. Write neatly using only black pen or digital completion
 3. Attach a non-returnable photo (a quality photocopy will suffice)
 4. Return this completed form
- Back to NCAS by **Friday 4th November 2016**

Section One – Athlete information

Applicant Details

First Name	
Family Name	
Email (athlete)	
Street Address	
Town	
Postcode	
Date of Birth	
Gender	
Home Phone	
Mobile Phone (athlete)	
Email (parent / guardian)	
(1) Parent/Guardian's Name	
Above Persons Contact Number	
(2) Parent/Guardian's Name	
Above Persons Contact Number	
Other Emergency Contact Person & Contact Number	
ATSI-Diverse Background (Optional):	
Are you of Aboriginal, Torres Strait Island or other culturally diverse background? Yes / No	
School	
Golf Club Name	
Golfink number	

Section Two – Competition Golf History

Please summarise your top five golf performances over the last 24 months. Include event date, age and gender division, etc

- 1.
- 2.
- 3.
- 4.
- 5.

Coach’s name and contact details (post, phone, email):

What would your coach, parents or others say are your strengths as a golfer?

What do you think are you weaknesses as a golfer that you hope to improve in the program?

What are your golfing goals for the upcoming season (be specific):

What is your current handicap.....

North Coast Academy of Sport
ATHLETE MEDICAL FORM



2016-17 Golf Program

Complete the medical information below.

NCAS treats this information as confidential and is bound by its privacy policy. NCAS will only distribute this information to those people whom we consider need it to ensure your health and well-being at NCAS events.

If you wish to discuss any matters on this form, please contact NCAS on (02) 6620 3073.

Field	Print Neatly In Black Ink
Athlete Full Name	
Medicare Number	
Do you have private medical cover?	
If yes, state provider and policy number	
Do you have ambulance cover?	
Date of last tetanus injection	
Blood type	
Do you suffer from asthma?	
If yes, detail your treatment plan	
Do you suffer from diabetes?	
If yes, detail your treatment plan	
Do you suffer from epilepsy or similar episodes?	
If yes, detail your treatment plan	
Do you suffer from allergies (foods, medications, stings etc)	
Do you have any specific food requirements (vegetarian, gluten free, etc)	
If yes, detail your treatment plan/s	
List any other personal medications and the reasons for their use.	
List all other medical / health related matter/s not already mentioned that NCAS should be made aware of as well their related treatment plan/s	
Details all significant injuries and treatments over the past 12 months.	

Parent's / Guardian's Name (**print**): _____

Parent's/Guardian's Signature: _____ Date: _____