

Matt Green is a Sports Physiotherapist specializing in enhancing golf performance and treating injured golfers.

Matt is a scratch golfer and accomplished physiotherapist with 17 years experience. Matt has previously been the physiotherapist for the Cronulla Sharks and Parramatta Eels NRL clubs, as well as the West Sydney Razorbacks NBL team. This personal and professional experience puts him in a unique position to truly understand the physical requirements for better golf, as well as minimizing golfer's risk of injury.

Matt is an accredited Titleist Performance Institute Level 2 Medical Professional and has attended Golf Specific conferences and seminars both here in Australia and internationally. Matt has also completed level 1 and 2 of The Golf Athlete program.

Matt works with golfers of all levels and ages, including players on the Asian and Japanese tours, club golfers, elite amateurs and trainee professionals. Matt has lectured to Masters level Physiotherapy students on the topic of golfing injuries, as well as contributing articles to golf magazines on the topic of golf fitness. Matt has also presented seminars to golfers on the topic of golf fitness and injuries.

Matt is the Consultant Physiotherapist to the NSW Institute of Sport golf program and Golf NSW. Matt is also the Director of High Performance Golf, a golf specific Physiotherapy consultancy.

Matt can be contacted with any questions or queries related to this manual at matt@highperformancegolf.com.au

